



# HIGHLANDERS



Southwestern Elementary

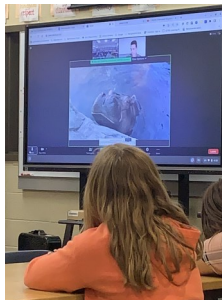
Site Coordinator: Mrs. Montgomery

April 2023



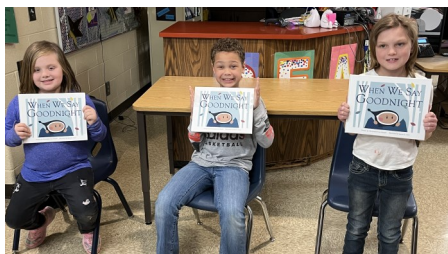
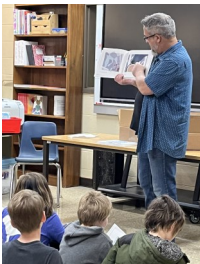
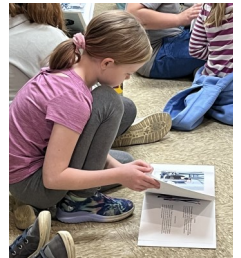
## Cincinnati Zoo 'Wild Chats' on Hippos

On March 28, 2023, the Highlanders Afterschool Program had the privilege to zoom with the Cincinnati Zoo and participate in 'Wild Chats', an interactive zoom visit, on hippos. The chat discussed hippos in general but also highlighted Fiona since this year she turned 6. The presenter used videos, pictures, discussion, and question and answer to give the students knowledge of the hippo world, such as hippos are herbivores, the type of habitat they live in, and they cannot swim but walk or run on the bottom of rivers. The students were able to see Fiona and her birthday cakes and witness how big and fast she had grown over the 6 years. As a culminating hippo event, students receive a stuffed hippo animal and a package of filling, to make their own personalized hippo buddy.



## When We Say Goodnight

Chris Honett, an author that relocated to Gallia County from California, published his 1st children's book in March. He visited the Afterschool programs and read his first book to the children. He discussed imagery, illustrations, and the story meaning of the book. To end his presentation, each child received an autographed book to take home.



## Monkey See, Monkey Do

Hot Off the Press!! Monkey See, Monkey Do is the newest book published by Ronda Friend, an author from the Tennessee area that has visited our schools this year as well as in the past years. Ronda entertains and challenges the children by her story telling, music and songs. Ronda draws from her personal life experiences to teach important life lessons to her young readers. Her most recent book that the children received was Monkey See, Monkey Do which teaches children to always listen to their parents.



## CAMP in a Box STEM Activity

STEM is an acronym for the science related fields of science, technology, engineering, and math. In STEM, students investigate a problem using observations, research, and collecting data. They use all this information to create a solution for the problem.



During this activity, 4-5 students investigated bird feeders with the problem of other animals, like squirrels, getting to the bird feed preventing the birds from getting their food. The students worked on a design for a better bird feeder and constructed a model of the new feeder. Students in K-3 activities range from learning about a platypus to making a maze for squirrels.

## Highlanders Cooking Class



Tina Elkins from OSU Extension office SNAP-Ed program is working with the fourth and fifth grade Highlanders about becoming healthier. They are creating healthier snacks that they can fix for themselves and for their families. They are reading recipes, preparing, measuring ingredients, and following directions to create snacks they can eat during the program and at home. During this evening the students made trail mix as their snack.



## Highlanders Cooking Class



Students made Apple Crunch Yogurt for a healthy snack that students can make for themselves. In this lesson, students focused on measurement conversions while reading the recipe. In another class, students focused on reading and comparing food labels, amount of sugars, and serving sizes. Then they made a healthy veggie dip to eat with the vegetables they prepared in class. To finish class



students help with clean up at the end of class.

1 GALLON 4 quarts 8 pints 16 cups 128 ounces 3.8 liters	1 QUART 4 pints 8 cups 32 ounces .95 liters	1 PINT 2 cups 16 ounces 480 ml
1/4 CUP 4 Tbsp 12 tsp 2 ounces 60 ml	1/2 CUP 8 Tbsp 24 tsp 4 ounces 120 ml	3/4 CUP 12 Tbsp 36 tsp 6 ounces 180 ml



During the last week of March on a warm, sunny afternoon, the Highlanders afterschool program provided the students with a huge Easter Egg hunt of 1,000 candy filled eggs. The students enjoyed the warm, sunny weather. After the hunt, the students had time to examine their finds and share with others that may not have found as many. A drawing was held for prizes 3 of which were hand crocheted rabbits. Every child received a special treat of either a hand made bunny, chick, or lamb filled with candy.





On April 11, 2023, Kona Ice visited the Highlanders Afterschool program on a very warm Spring evening with a cool flavored treat. The children love Kona Ice. They enjoy serving themselves and being able to mix the syrups to their liking. A great activity to end a great year.



**June 6—July 13th, Monday—Friday**

**Watch for the sign-up packet coming out soon.**

**Academically get caught up or move ahead.**

**Breakfast and snack served**

**Summer Field Trip.**

**Get school supplies for 2023-24 school year.**

**Clothing allowance for 2023-24 school year.**

